

## Binding and Flange in One Unit

### 1. Cutting and prepping flange and binding strips.

- 1 $\frac{3}{4}$ " Flange Color - Cut the number of strips according to quilt size plus 12-18" extra. Join the flange strips, as you would any binding, into one long strip using diagonal seams. Press seams open.
- 1 $\frac{3}{8}$ " Binding Color - Cut the number of strips according to quilt size plus 12-18" extra. Join the binding strips into one long strip using diagonal seams. Press seams open.

### 2. Sewing binding and flange together.

- a. Sew the two strip together, lengthwise, right sides together, edges even with each other, using a  $\frac{1}{4}$ " seam allowance. Recommend having flange on bottom and binding on top.
- b. From the right side, press seam towards the binding color.
- c. Fold in half lengthwise, wrong sides together with binding color on top, press.  
NOTE: the flange should be visible when pressing  
\*From this point on when referencing the "binding strip," it is the combination of the flange and binding together as one unit.

### 3. Sewing the binding on the quilt - machine stitching both sides (sew with walking foot or dual feed foot)

\*This technique is great for items that will be washed and handled a lot - think placemats, baby blankets, etc.

- a. Start by placing the end of the binding strip at a midpoint of one side on the BACK OF THE QUILT. Flange color is on top with the binding color down. Before you start sewing, leave a 8-12" tail unsewn. Use a  $\frac{1}{4}$ " seam allowance.
- b. Sew towards corner, stopping  $\frac{1}{4}$ " from corner and backstitch.
- c. Remove quilt from under the presser foot. Fold binding at a 45 degree angle, fold the binding back down over the 45 degree angle, aligning the binding with the edge of the next side of the quilt.
- d. Starting at the edge, continue to sew a  $\frac{1}{4}$ " seam to the next corner. Repeat steps 3b & 3c for the other 3 corners.
- e. Sew the binding until you are about 12-18" from the point you started to sew. Remove the quilt from the machine.
- f. Join binding strips using your preferred method: diagonal or straight seam
- g. Fold the binding to the front of the quilt. Straight stitch in the ditch.  
IMPORTANT NOTE: Use thread that matches the flange, bobbin thread matches the back of the quilt.